

# Friesoyther Inklusionslauf 2023

## Ergebnisliste 1,0 km Lauf

| Platz | M/W | Name, Vorname          | JG | Verein                    | Klasse | KP | Zeit |
|-------|-----|------------------------|----|---------------------------|--------|----|------|
| 1     | 1   | Kelch, Jana            | 10 | Elisabethschule           | W13    | 1  | 4:50 |
| 2     | 1   | Mustafa, Mazin         | 06 | Elisabethschule           | MJU18  | 1  | 4:53 |
| 3     | 2   | Schwämmlein, Clara     | 07 | Elisabethschule           | WJU18  | 1  | 5:04 |
| 4     | 2   | Müller, Tyler          | 13 | Elisabethschule           | M10    | 1  | 5:13 |
| 5     | 3   | Kandulski, Luca        | 13 | Elisabethschule           | M10    | 2  | 5:18 |
| 6     | 4   | Holtmann, Meik         | 13 | Elisabethschule           | M10    | 3  | 5:29 |
| 7     | 5   | Eckardt, Paul          | 12 | Elisabethschule           | M11    | 1  | 5:40 |
| 8     | 6   | Ahmeti, Fikret         | 10 | Elisabethschule           | M13    | 1  | 5:45 |
| 9     | 7   | Schwab, Tim            | 11 | Elisabethschule           | M12    | 1  | 5:57 |
| 10    | 8   | Sanders, Hilmar        | 05 | Sophie-Scholl-Schule Alte | MJU20  | 1  | 5:57 |
| 11    | 9   | Groeneveld, Luke       | 16 | Elisabethschule           | M07    | 1  | 5:59 |
| 12    | 3   | de Buhr, Miley         | 14 | Elisabethschule           | W09    | 1  | 6:00 |
| 13    | 10  | Schneider, Leon        | 15 | Elisabethschule           | M08    | 1  | 6:06 |
| 14    | 4   | Stührenberg, Ramona    | 11 | Elisabethschule           | W12    | 1  | 6:10 |
| 15    | 11  | Rauls, Jan Luca        | 08 | Elisabethschule           | M15    | 1  | 6:13 |
| 16    | 12  | Krüger, Lion           | 14 | Elisabethschule           | M09    | 1  | 6:14 |
| 17    | 13  | Goerken, Gianluca      | 08 | Elisabethschule           | M15    | 2  | 6:14 |
| 18    | 14  | Ballweg, Levi          | 17 | Kindergarten Burgwiese    | M06    | 1  | 6:15 |
| 19    | 15  | Diers, Finn Luca       | 12 | Elisabethschule           | M11    | 2  | 6:15 |
| 20    | 16  | Rerich, Malte          | 17 | Kindergarten Burgwiese    | M06    | 2  | 6:16 |
| 21    | 17  | Henneken, Noah         | 16 | Kindergarten Burgwiese    | M07    | 2  | 6:21 |
| 22    | 18  | Wolter, Fynn-Lennox    | 15 | Elisabethschule           | M08    | 2  | 6:21 |
| 23    | 19  | Parszewski, Alan       | 08 | Elisabethschule           | M15    | 3  | 6:23 |
| 24    | 5   | Schimmelpfennig, Alina | 09 | Elisabethschule           | W14    | 1  | 6:23 |
| 25    | 6   | Schütte, Jeanin        | 01 | Burgwiese                 | W      | 1  | 6:24 |
| 26    | 20  | Schmidt, Vitus         | 15 | Elisabethschule           | M08    | 3  | 6:27 |
| 27    | 21  | Eilers, Jarno          | 16 | Kindergarten Burgwiese    | M07    | 3  | 6:31 |
| 28    | 22  | Kreke, Jerome          | 13 | Elisabethschule           | M10    | 4  | 6:32 |
| 29    | 23  | Seewald, Leon          | 07 | Elisabethschule           | MJU18  | 2  | 6:32 |
| 30    | 24  | Schneider, Joel        | 06 | Elisabethschule           | MJU18  | 3  | 6:32 |
| 31    | 25  | Bley, Hanno            | 17 | Kindergarten Burgwiese    | M06    | 3  | 6:35 |
| 32    | 26  | Brüssow, Niklas        | 12 | Elisabethschule           | M11    | 3  | 6:37 |
| 33    | 27  | Langen, Henry          | 17 | Kindergarten Burgwiese    | M06    | 4  | 6:39 |
| 34    | 7   | Steinbach, Anna-Lena   | 06 | Sophie-Scholl-Schule Alte | WJU18  | 2  | 6:41 |
| 35    | 28  | Alhumsi, Philip        | 16 | Kindergarten Burgwiese    | M07    | 4  | 6:50 |
| 36    | 29  | Schneider, Stanislav   | 12 | Elisabethschule           | M11    | 4  | 6:52 |
| 37    | 30  | Meuser, Elijah         | 14 | Elisabethschule           | M09    | 2  | 6:52 |
| 38    | 31  | Albert, Andreas        | 08 | Elisabethschule           | M15    | 4  | 6:53 |
| 39    | 32  | Omal, Jamal            | 10 | Elisabethschule           | M13    | 2  | 6:54 |
| 40    | 33  | Albert, Alex           | 14 | Elisabethschule           | M09    | 3  | 6:55 |
| 41    | 34  | Brand, Cedric          | 09 | Elisabethschule           | M14    | 1  | 6:55 |
| 42    | 35  | Loposiewicz, Jakub     | 16 | Kindergarten Burgwiese    | M07    | 5  | 6:55 |
| 43    | 36  | Negara, Bogdan         | 16 | Kindergarten Burgwiese    | M07    | 6  | 6:56 |
| 44    | 37  | Ostmann, Manuel        | 09 | Sophie-Scholl-Schule Alte | M14    | 2  | 6:56 |
| 45    | 8   | Hinderks, Pia          | 09 | Elisabethschule           | W14    | 2  | 6:59 |
| 46    | 38  | Rauls, Kevin           | 07 | Elisabethschule           | MJU18  | 4  | 7:05 |
| 47    | 39  | Riesenbeck, Lutz       | 03 | Sophie-Scholl-Schule Alte | M      | 1  | 7:07 |
| 48    | 40  | Nabo, Mohammed         | 08 | Elisabethschule           | M15    | 5  | 7:11 |
| 49    | 41  | Schwoy, Dennis         | 10 | Sophie-Scholl-Schule Alte | M13    | 3  | 7:20 |
| 50    | 9   | de Vries, Mila Sophie  | 15 | Elisabethschule           | W08    | 1  | 7:28 |
| 51    | 42  | Drewlo, Justus         | 11 | Elisabethschule           | M12    | 2  | 7:37 |
| 52    | 43  | Romanjuk, Maxim        | 14 | Elisabethschule           | M09    | 4  | 7:37 |
| 53    | 44  | Kruse, Luca            | 13 | Sophie-Scholl-Schule Alte | M10    | 5  | 7:42 |

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| Platz | M/W | Name, Vormame        | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|----------------------|----|---------------------------|--------|----|-------|
| 54    | 10  | Lieberum, Tamara     | 13 | Elisabethschule           | W10    | 1  | 7:42  |
| 55    | 11  | Wieborg, Laura       | 11 | Elisabethschule           | W12    | 2  | 7:43  |
| 56    | 45  | Stolle, Dirk         | 13 | Elisabethschule           | M10    | 6  | 7:44  |
| 57    | 46  | Kovacs, Gergö        | 12 | Sophie-Scholl-Schule Alte | M11    | 5  | 7:44  |
| 58    | 47  | Lüger, Johannes      | 14 | Elisabethschule           | M09    | 5  | 7:46  |
| 59    | 48  | Otto, Alex           | 12 | Sophie-Scholl-Schule Alte | M11    | 6  | 7:49  |
| 60    | 49  | Dikti, Lenny Torsten | 13 | Elisabethschule           | M10    | 7  | 7:49  |
| 61    | 50  | Nica, Nicolas        | 15 | Elisabethschule           | M08    | 4  | 7:50  |
| 62    | 51  | Seidens, Ronny       | 07 | Elisabethschule           | MJU18  | 5  | 7:51  |
| 63    | 12  | Plaggenborg, Mia     | 12 | Elisabethschule           | W11    | 1  | 7:53  |
| 64    | 52  | Cloppenburg, Magnus  | 11 | Sophie-Scholl-Schule Alte | M12    | 3  | 7:54  |
| 65    | 53  | Beqiri, Arigon       | 14 | Elisabethschule           | M09    | 6  | 7:58  |
| 66    | 54  | Kemme, Tian          | 14 | Sophie-Scholl-Schule Alte | M09    | 7  | 7:58  |
| 67    | 13  | Agirmann, Zara       | 16 | Kindergarten Burgwiese    | W07    | 1  | 8:00  |
| 68    | 55  | Meuser, Malte        | 14 | Elisabethschule           | M09    | 8  | 8:09  |
| 69    | 56  | Schneider, Kirill    | 14 | Elisabethschule           | M09    | 9  | 8:09  |
| 70    | 57  | Darii, Cristian      | 14 | Sophie-Scholl-Schule Alte | M09    | 10 | 8:11  |
| 71    | 58  | Eilers, John Luis    | 15 | Elisabethschule           | M08    | 5  | 8:17  |
| 72    | 14  | Blömer, Miriam       | 14 | Elisabethschule           | W09    | 2  | 8:19  |
| 73    | 15  | Haffner, Julia       | 06 | Elisabethschule           | WJU18  | 3  | 8:19  |
| 74    | 16  | Wemken, Lena         | 16 | Kindergarten Burgwiese    | W07    | 2  | 8:20  |
| 75    | 17  | Heuving, Merle       | 17 | Kindergarten Burgwiese    | W06    | 1  | 8:23  |
| 76    | 18  | Kononenko, Isabell   | 16 | Kindergarten Burgwiese    | W07    | 3  | 8:26  |
| 77    | 19  | Brückner, Emily      | 17 | Kindergarten Burgwiese    | W06    | 2  | 8:26  |
| 78    | 59  | Benzer, Vahit        | 17 | Kindergarten Burgwiese    | M06    | 5  | 8:27  |
| 79    | 60  | Parszewski, Oliwier  | 08 | Elisabethschule           | M15    | 6  | 8:28  |
| 80    | 20  | Michael, Meike       | 15 | Elisabethschule           | W08    | 2  | 8:32  |
| 81    | 61  | Schneider, Luca      | 11 | Elisabethschule           | M12    | 4  | 8:35  |
| 82    | 62  | Douiheck, Ferid      | 13 | Sophie-Scholl-Schule Alte | M10    | 8  | 8:41  |
| 83    | 21  | Koopmann, Tabea      | 03 | Sophie-Scholl-Schule Alte | W      | 2  | 8:47  |
| 84    | 63  | Jeske, Philipp       | 15 | Sophie-Scholl-Schule Alte | M08    | 6  | 9:01  |
| 85    | 64  | Sassen, Ben Luca     | 15 | Sophie-Scholl-Schule Alte | M08    | 7  | 9:15  |
| 86    | 65  | Gerdes, Marlon       | 09 | Sophie-Scholl-Schule Alte | M14    | 3  | 9:24  |
| 87    | 22  | Büscherhoffn, Mia    | 08 | Sophie-Scholl-Schule Alte | W15    | 1  | 9:25  |
| 88    | 23  | Geschele, Elisabeth  | 07 | Sophie-Scholl-Schule Alte | WJU18  | 4  | 9:26  |
| 89    | 66  | Neumann, Emilian     | 11 | Sophie-Scholl-Schule Alte | M12    | 5  | 9:28  |
| 90    | 67  | Meyer, Ben           | 08 | Sophie-Scholl-Schule Alte | M15    | 7  | 9:28  |
| 91    | 68  | Kock, Raphael        | 08 | Sophie-Scholl-Schule Alte | M15    | 8  | 9:29  |
| 92    | 69  | Surel, Raul-Gabriel  | 16 | Sophie-Scholl-Schule Alte | M07    | 7  | 9:29  |
| 93    | 70  | Lange, Leon          | 03 | Sophie-Scholl-Schule Alte | M      | 2  | 9:29  |
| 94    | 71  | Krause, Justin-Tyler | 10 | Sophie-Scholl-Schule Alte | M13    | 4  | 9:31  |
| 95    | 72  | Claußen, Tim         | 06 | Sophie-Scholl-Schule Alte | MJU18  | 6  | 9:33  |
| 96    | 73  | Schäfer, Ben         | 08 | Sophie-Scholl-Schule Alte | M15    | 9  | 9:33  |
| 97    | 24  | Malashko, Julia      | 06 | Sophie-Scholl-Schule Alte | WJU18  | 5  | 9:36  |
| 98    | 74  | Drews, Max           | 10 | Sophie-Scholl-Schule Alte | M13    | 5  | 9:39  |
| 99    | 75  | Nickel, Tim          | 06 | Sophie-Scholl-Schule Alte | MJU18  | 7  | 9:45  |
| 100   | 76  | Timme, Leon          | 09 | Sophie-Scholl-Schule Alte | M14    | 4  | 9:48  |
| 101   | 25  | Kodal, Amy           | 17 | Kindergarten Burgwiese    | W06    | 3  | 9:54  |
| 102   | 77  | Willer, Liam         | 04 | Burgwiese                 | MJU20  | 2  | 9:56  |
| 103   | 78  | Savics, Sebastian    | 17 | Kindergarten Burgwiese    | M06    | 6  | 10:01 |
| 104   | 26  | Bäker, Franziska     | 98 | Burgwiese                 | W      | 3  | 10:02 |
| 105   | 79  | Jewsjukow, Michael   | 04 | Sophie-Scholl-Schule Alte | MJU20  | 3  | 10:05 |
| 106   | 80  | Pleye, Luca          | 03 | Sophie-Scholl-Schule Alte | M      | 3  | 10:13 |

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| Platz | M/W | Name, Vorname          | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|------------------------|----|---------------------------|--------|----|-------|
| 107   | 81  | Tishyn, Timur          | 15 | Sophie-Scholl-Schule Alte | M08    | 8  | 10:27 |
| 108   | 27  | Drews, Nastja          | 08 | Sophie-Scholl-Schule Alte | W15    | 2  | 10:29 |
| 109   | 82  | Möller, Marvin         | 94 | Caritas-Werkstatt CLP     | M      | 4  | 10:30 |
| 110   | 83  | Schröer, Dominik       | 06 | Sophie-Scholl-Schule Alte | MJU18  | 8  | 10:35 |
| 111   | 84  | Drews, Adrian          | 12 | Sophie-Scholl-Schule Alte | M11    | 7  | 10:37 |
| 112   | 85  | Goerken, Lucas         | 07 | Sophie-Scholl-Schule Alte | MJU18  | 9  | 10:40 |
| 113   | 28  | Marterne, Kristin      | 06 | Sophie-Scholl-Schule Alte | WJU18  | 6  | 10:41 |
| 114   | 29  | Cloppenburg, Franziska | 14 | Sophie-Scholl-Schule Alte | W09    | 3  | 10:47 |
| 115   | 30  | Loerts, Lilly          | 16 | Sophie-Scholl-Schule Alte | W07    | 4  | 10:50 |
| 116   | 86  | Krüger, Bastian        | 06 | Sophie-Scholl-Schule Alte | MJU18  | 10 | 11:16 |
| 117   | 31  | Westermann, Silvia     | 74 | Caritas-Werkstatt CLP     | W45    | 1  | 11:20 |
| 118   | 32  | Hamoud, Leijla         | 15 | Sophie-Scholl-Schule Alte | W08    | 3  | 11:26 |
| 119   | 87  | Milke, Maxim           | 15 | Sophie-Scholl-Schule Alte | M08    | 9  | 11:27 |
| 120   | 88  | Deeken, Fynn Luca      | 06 | Sophie-Scholl-Schule Alte | MJU18  | 11 | 11:35 |
| 121   | 89  | von Waaden, Leon Luca  | 10 | Sophie-Scholl-Schule Alte | M13    | 6  | 11:36 |
| 122   | 33  | Henze, Anastasia       | 09 | Elisabethschule           | W14    | 3  | 11:37 |
| 123   | 90  | Würth, Max             | 11 | Sophie-Scholl-Schule Alte | M12    | 6  | 11:41 |
| 124   | 91  | Abeln, Jonas           | 08 | Sophie-Scholl-Schule Alte | M15    | 10 | 12:04 |
| 125   | 92  | Schewelow, Marcel      | 15 | Sophie-Scholl-Schule Alte | M08    | 10 | 12:08 |
| 126   | 34  | Münzebrock, Klara      | 14 | Sophie-Scholl-Schule Alte | W09    | 4  | 12:12 |
| 127   | 93  | Geesken, Luca          | 13 | Sophie-Scholl-Schule Alte | M10    | 9  | 12:15 |
| 128   | 94  | Kassens, Theo          | 14 | Elisabethschule           | M09    | 11 | 12:18 |
| 129   | 95  | Borodin, Damir         | 16 | Sophie-Scholl-Schule Alte | M07    | 8  | 12:32 |
| 130   | 35  | Timmermann, Pia        | 06 | Elisabethschule           | WJU18  | 7  | 12:37 |
| 131   | 36  | Grawunder, Tabea       | 07 | Elisabethschule           | WJU18  | 8  | 12:41 |
| 132   | 37  | Elsen, Lara            | 06 | Elisabethschule           | WJU18  | 9  | 12:50 |
| 133   | 96  | Amme, Junis            | 13 | Elisabethschule           | M10    | 10 | 12:59 |
| 134   | 97  | Sinizin, Nikita        | 03 | Sophie-Scholl-Schule Alte | M      | 5  | 13:40 |
| 135   | 98  | Laubach, Henrik        | 04 | Sophie-Scholl-Schule Alte | MJU20  | 4  | 13:51 |
| 136   | 99  | Glänzel, Oliver        | 84 | Caritas Altenoythe Phasen | M35    | 1  | 13:55 |
| 137   | 38  | Lamping, Renate        | 68 | Caritas Altenoythe Phasen | W55    | 1  | 14:19 |